



GUIDING QUESTIONS FOR THE APPLICATION

1	Please describe your current professional situation addressing the following questions.
1a	What was your main motivation for choosing your current position?
1b	Which aspects of your current professional situation do you value so highly that you would like to retain them in the future, even if you change career paths or positions?
2	Please describe what thoughts you have about shaping your future career.
2a	What changes in your professional situation do you consider important in the near future to help you achieve your longer-term goals?
2b	Which options (career paths, career goals) are you considering? Which options are you less inclined to envision for yourself at the moment?
2c	What about these options seems interesting to you?
3	Please describe your career development activities to date.
3a	What career guidance opportunities have you taken advantage of in the past, at your Helmholtz Centre, or in other roles?
3b	To what extent were you able to benefit from these opportunities? What, if anything, did you find lacking?
4	The COMPASS Mentoring programme supports mentees in finding a suitable mentor. To provide the best possible support, the framework programme offers a series of workshops.
4a	Why might it be valuable for you to reflect on your competencies, your achievements, and your future goals in the context of the accompanying workshops?
4b	What do you expect from exchanging ideas with a mentor?
4c	In what ways could you contribute to a lively and fruitful exchange among the mentees?



















